



# WELLSPRING

Ending relationship and sexual abuse in our community



## Give Help **FAQs**

### **What is the most impactful way that I can help Wellspring right now?**

Monetary donations made online are the most helpful gifts during this time because it allows us the opportunity to directly help our clients where they need it most, which varies considerably depending on the person and their situation. Needs may include food, quarters for the laundromat, money for prescriptions, cab fares, etc. Visit [www.WellspringCares.org/donate](http://www.WellspringCares.org/donate) to donate by credit card, or you can mail a check (payable to Wellspring) to 480 Broadway LL 20, Saratoga Springs, NY 12866.

### **If I do make a donation online by credit card (or if I send a check to Wellspring), what will the donation be used for?**

Food, toiletries, cleaning supplies, cab rides, children's books/games/activities, gas, prescriptions, household items, security bars for entryways, mattresses, utility bills, rent, etc. You name it, there is a high chance our clients need it. Many clients have also lost their source of income because of COVID-19. Monetary donations help with everything and anything.

### **Is Wellspring accepting donations by drop off now? How can I donate needed items?**

The best and safest way to donate needed 'items' is to check out our Amazon Wish List at [www.amzn.to/34m8LLv](http://www.amzn.to/34m8LLv). This way you can shop for items that our families desperately need and those items can be mailed directly to our office. This ensures that Wellspring is limiting person-to-person contact, while also helping our clients get items that they need.

### **What items are most needed right now?**

Second to monetary donations and gift cards, our clients are also in need of toiletry items (baby diapers/wipes, cotton balls, lip balm, deodorant, full size body lotion/conditioners/shampoos, hair brushes/ties, nail clippers/files, tampons, tissues, toilet paper, toothbrushes/toothpaste), cleaning supplies (as well as brooms/mops/buckets, sponges), household items (new towels/sheets/blankets/bedding), and games & activities for children. Please see our Amazon Wish List for specifics. If holding a collection drive, please email Stevie at [Development@WellspringCares.org](mailto:Development@WellspringCares.org).

### **Changemakers, Wellspring's signature fundraising event, is supposed to happen in June, has it been rescheduled?**

Yes. After much consideration, Wellspring and the co-chairs have decided to postpone the event for one year, to June 12, 2021. We strongly believe, that more than anything right now, everyone's health and safety is most important – donors and supporters included. Please save the date and join us to celebrate and applaud ALL of the hard work that Wellspring AND our community does on a daily basis, and especially how we have all rallied together during this time of crisis.

### **Does Wellspring deliver groceries to clients door steps? How can I help donate food?**

Yes. As a nonprofit, we have great relationships with all of the local food banks and we are able to stretch our monetary donations by shopping at places like this, and get more for our money, rather than at the local grocery stores.

### **I want to find a way to support Wellspring and local businesses. How can I do so?**

Thank you so much for thinking of Wellspring AND our community! We have been blessed by many people who would like to find a way to support both. Please contact Stevie at [Development@WellspringCares.org](mailto:Development@WellspringCares.org) to discuss further.

### **My family wants to make a difference during our isolation, do you have a suggestion?**

The BEST thing that anyone can do to 'volunteer' is to help spread the word about Wellspring and how we help those in need. Perhaps it's printing out this sheet and distributing to your neighbors, letting them know that we are out there for them during this time. All too often we hear, 'I wish I knew about your organization sooner'. Please talk to your friends and family about us and the issues we help with. Please share our social media posts. Please tell them how to find us.

### **I have a friend and/or family member who is experiencing abuse during COVID-19. What is the best way that I can help them AND/OR myself, during this time?**

Contact our hotline at 518.584.8188 or our internet-based chat at [www.WellspringCares.org](http://www.WellspringCares.org). Abuse affects all. We can help.