

















## RED FLAGS OF ABUSIVE BEHAVIOR

Warning Signs	Caution Signs	Danger Signs
<p><i>Your partner:</i></p> <ul style="list-style-type: none"> <li> <b>rushes things in the relationship</b> → “I’m not sure I’m ready to call him my boyfriend but he’s insisting we define the relationship.”</li> <li> <b>is manipulative</b> → “She said if I really love her, I’d want to hang out with her instead of my friends.”</li> <li> <b>is argumentative</b> → “I swear it’s like everything I say sparks an argument with him.”</li> <li> <b>is hypersensitive</b> → “She makes jokes about me all the time but if I say something that she considers out of line, it’s game over.”</li> <li> <b>blames others</b> → “Nothing is ever his fault.”</li> </ul>	<p><i>Your partner:</i></p> <ul style="list-style-type: none"> <li> <b>isolates you</b> → “I feel like I never see my friends anymore.”</li> <li> <b>is jealous or possessive</b> → “It’s like he assumes I’m cheating on him.”</li> <li> <b>is controlling</b> → “She’s texting me all the time asking where I am.”</li> <li> <b>is verbally abusive</b> → “He’s always putting me down and calling me names.”</li> <li> <b>has sexist attitudes</b> → “He told me I was too pretty to be in advanced math.”</li> <li> <b>has sudden mood changes</b> → “We’ll be hanging out having a good time and then she’ll just lose it over nothing.”</li> </ul>	<p><i>Your partner:</i></p> <ul style="list-style-type: none"> <li> <b>has a short fuse</b> → “It’s like he goes from 0 to 100 when we argue.”</li> <li> <b>argues with force</b> → “She always curls her fists and gets in my face when she’s mad.”</li> <li> <b>threatens violence</b> → “He says I’m lucky he doesn’t hurt me every time I make him mad.”</li> <li> <b>breaks or strikes objects</b> → “She’s broken a bunch of stuff in my room. She even cracked my laptop case.”</li> <li> <b>has been abusive to past partners</b> → “I always thought that his ex was lying but I think she was telling the truth about what he did.”</li> </ul>

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480 Broadway. LL-20, Saratoga Springs, NY 12866

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